



## Co-Dependency is the CORE to All Addictions:

Over dependence on People, Places, Things, & Circumstances. The Main Drug of Co-Dependency is *Nicotine*.

Abuse, Enmeshment, Shame, Fear, of Abandonment, Unmet Dependency Needs

### **Complications of Addiction**

- a. Low Self Esteem
- c. Relationship Problems
- b. Physical Problems
- d. Spiritual Degeneration

The Limbic system of addiction

forces behavior at the level of

functioning "A Priori" before

instinct. Addicts function

according to model #2,

DRIVEN

**BEHAVIORS** 

With ADDICTION the model is reversed and the behavior (DO) determines the feelings and thought.

Must have some CNS activity to have a feeling as in model #1.



