

CHAPTERS 5 & 7

I'LL QUIT

TOMORROW

PRESENTATION



What are the three (3) basic factors that must be taken into account when approaching the problem of an intervention?

- A. Chemical dependency is a **progressive** illness.
- B. The **chronic** nature of chemical dependency.
- C. Chemical dependency must be viewed as a **primary** condition.



**What are the seven
(7) principles of an
intervention?**

- **1. Meaningful persons** must present the facts or data.
- **2.** The data presented should be **specific and descriptive** of events which have happened, or conditions which exist.
- **3.** The tone of the confrontation should be **non-judgmental**.
- **4.** The chief evidence should be tied directly into **drinking/using** wherever possible.
- **5.** The **evidence of behavior** should be presented in some detail, and very explicitly.
- **6.** The goal of the intervention is to have the alcoholic/addict see and accept enough reality so that **the need for help can be accepted**.
- **7.** Now the available **choices** acceptable to the interveners may be offered.

**The goal of the
intervention is “not” to
cure, but to**

_____ ??? _____

(fill in the blank)

the illness?



- **ARREST**



**Why is aftercare
stressed so strongly
in hospital and
treatment settings?**

- There is the ever-present danger of the “dry alcoholic” relapsing into destructive drinking patterns unless adequate measures are undertaken from the outset.

**Even at their sickest,
alcoholics/addicts are
capable of accepting some
useful portion of reality, if:**

_____ ■ (fill in the blanks)

- 
- **That reality is presented in forms they can receive.**



**The group life is led
by a trained counselor
and is designed to
accomplish what two
(2) specific goals?**

- To discover ourselves and others as feeling persons.
- To identify the defenses that prevent this discovery.



**In early recovery;
what feelings are dealt
with first, the good or
the bad? Explain your
answer:**

- **The bad feelings are dealt with first because the good feelings are almost non-existent and are overridden or overlaid by the bad feelings.**



**If we do not treat the
mental mismanagement
and severe emotional
disorder simultaneously,
What happens???**



Relapse

is

Ineviatable