

MOTIVATIONAL INTERVIEWING

Instructions
Interviewer Strategies
Practice Strategies

Instructions

Choose the strategy that will encourage your client to participate in the client interview.

You may apply more than one strategy to each client characteristic. You can also write-in your own ideal strategy to any of the client characteristics listed below.

Interviewer Strategies

Interviewer Strategies

Pre- interview	Consequential
Intervention	Empathy
Motivational language	Discrepancy
Training	Reflection
Assessment	Affirmation
Information	Optimism

Interviewer Strategies

Supportive	Pessimism
Coercion	Family intervention
Confrontation	Needs assessment
Advice	Empathy
Self-efficacy	Personal Contact
Follow-up	Rapport

Interviewer Strategies

Choices	Inclusion
Your strategy	Your strategy
Your strategy	Your strategy

Practice Strategies

Client Name: Mary

Client Name: Mary	Interviewing Strategy
Female	
Completed 11th grade	
Co-Occurring disorder	
Living with boyfriend most of the time	
Lost parental rights of her child	

Client Name: Mary (con't)

Client Name: Mary	Interviewing Strategy
Employed part time	
5 arrests for drug related offenses	
Alcohol and Heroin user	
IV injection preferred	
Attempted suicide once	

Client Name: Gary

Client Name: Gary	Interviewing Strategy
Male	
Rents an apartment	
GED	
Father of a large family	
On Parole	

Client Name: Gary (con't)

Client Name: Gary	Interviewing Strategy
Seven Arrests	
Hepatitis C	
Heavy Drinker	
Violent	
Outpatient Treatment	

Client Name: Rachel

Client Name: Rachel	Interviewing Strategy
Female	
Homeless	
B.S. Degree	
Sex Worker	
On Probation	

Client Name: Rachel (con't)

Client Name: Rachel	Interviewing Strategy
Two Arrests	
Possibly Pregnant	
Cocaine habit	
Stressed	
1 night Inpatient Treatment	

Client Name: Dennis

Client Name: Dennis	Interviewing Strategy
Male	
Is physically challenged	
Attends High School, 11 th grade	
Unemployed	
Awaiting court case	

Client Name: Dennis (con't)

Client Name: Dennis	Interviewing Strategy
One Arrest	
Possibly has an STD	
Marijuana and Ecstasy	
Depression	
Residential	